

# PENNSYLVANIA REGIONAL BALLET

**Pre-Professional Division Dress Code, Costume Information, Policies & Class Rules** All students must furnish their own attire and shoes for classes and shoes & tights for performances, unless otherwise specified by the staff or costume coordinator. PRB provides costumes for The Nutcracker, the Spring Gala Concert and the Summer Concert for our Pre-professional Division. **A costume maintenance fee, for each performance in which your child is participating, is included in your tuition payment.**

## Females

- Black leotards (single strap camisole, tank, or cap sleeves. Long sleeves are acceptable in the winter. **NO** crisscross backs, turtle necks, zippers, lace, cutout backs, halters, high cut legs, mesh or rhinestones.). If you are not sure if a leotard is appropriate for class, please show to Ms. Vicky **before removing tags.**
- Pink footed/convertible tights.
- Pink leather split sole ballet shoes with an elastic strap.
- Fifth Year dancers – ribbons on shoes (sewn)
- Black tap shoes- “lace-up” style (for Preparatory, First & Second).
- Black jazz shoes - laces, not slip-on, no jazz sneakers (for Preparatory, First & Second).
- Hair must be in a classical bun. All bangs neatly pinned or sprayed back. No hairbands or large or distracting hair ornaments.
- Only small earrings (no dangles) may be worn for all classes and rehearsals. No extra body piercings or tattoos may be displayed at any time.
- No skirts or warm-ups allowed during class.
- *Pointe shoes: Usually Third Year, age 10 or older– **upon faculty recommendation.** An email will be sent to your dancer.*
- Tap & Jazz: Preparatory, First, Second Year – Regular dance attire. You may wear black jazz pants. No warm-ups.
- Modern: Third, Fourth A & B & Fifth Year – Black leotard, black convertible tights.
- No undergarments should be worn under tights/leotards.
- All female dancers must have a basic, plain, single strap, black camisole leotard

## Males

- White leotard or t-shirt tucked into tights
- Black footed/convertible tights
- Black leather split sole ballet shoes with elastic strap
- Black or tan dance belt (athletic supporter)
- Black tap shoes- “lace-up” style (for Preparatory, First & Second)
- Black jazz shoes laces, not slip-on, no jazz sneakers (for Preparatory, First & Second)
- May wear black jazz pants for tap/jazz classes
- Hair neatly combed back out of face
- Must be clean shaven
- No extra body piercings or tattoos may be displayed at any time.

## Additional Dress Code Notes for All Dancers

- **Master classes: Black, single strapped leotard**
- All clothing and shoes should be marked with the student’s name.
- No excessive long nails. You may wear light pink or clear fingernail polish. No nail tattoos
- No jewelry (except small earrings - no dangles) may be worn in class.
- No leg warmers or extra clothing of any kind may be worn in class.

- Holes that appear in leotards or tights should be mended immediately.
- Eyeglasses are not permitted for performances.

PRB asks all of our students to dress appropriately when arriving and departing class and during rehearsals at the theatre. Dancewear is not appropriate attire for outside the studio and students must wear street clothing or a cover up over their leotards and/or tights.

**Dancewear can be purchased at local dance stores such as  
The Dancer's Pointe, 201 W Main St, Hummelstown, (717) 583-1820,  
and Discount Dance Supply ([www.discountdance.com](http://www.discountdance.com))**

## Costumes

Costumes for the pre-professional division are provided by PRB. There is a costume maintenance fee for each production in which your child takes part included in your child's tuition.

Female dancers in the pre-professional division must provide their own tights (approved style) for performances, flesh toned body stockings (nudies) and shoes, (ballet, pointe, jazz, tap, and/or character). Male dancers must provide their own tights and shoes (Ballet/Tap/Jazz).

Costume requirements for each production, if applicable, will be distributed to students two weeks prior to the performance.

Students may not sit in costumes or eat or drink while in a costume. If something is wrong with a costume or if it is damaged, please inform one of our staff immediately.

The Backstage Coordinator may draft and implement additional rules as they see fit to protect the costumes and dancers as well as to ensure that the backstage area at the productions runs smoothly and safely.

## Rules & Regulations

**Your dancer is responsible for understanding and accepting these rules. Please review with them.**

- All students are expected to behave respectfully and courteously at all times to other dancers and to PRB faculty & staff.
- Students must show respect for the property of others and for the facility. Stealing is grounds for dismissal. Leave the dance bags and lunches of others alone; help keep the studio, dressing room, building, and grounds neat by putting your trash in the cans provided.
- No food or drinks are permitted in the classrooms, except water bottles
- No chewing gum in classrooms. You could choke on gum while dancing.
- Please make sure all cell phones are on silent, even if they are in the dressing room.
- Be ready when the teacher comes into class- no warm-ups
- PRB is not responsible for any lost or stolen items and shall not be liable in any way for injuries sustained during attendance at the studio or any of its related functions.
- PRB shall not be liable for any injuries sustained while training outside of PRB and the Artistic Director has the right to decide if the student will be removed from choreography while recovering from injuries.
- Black out for Performances – 2 weeks prior to all performances every effort must be made to attend all rehearsals. This could include non-scheduled days. Please try not to request time off.
- Guest Choreographers (Fourth & Fifth Year Students) – Nationally recognized Master Teachers/Choreographers have pre-set schedules. In order to get them to come to PRB, we have to rearrange our schedule. The weekly schedule will change at that time. We will notify you of the changes as much in advance as possible. If it is not possible for your child to attend these classes, we need to know as soon as possible. This will enable us to tell

the choreographer that your child is not available for the choreography. If you are not selected for choreography, you will be assigned a specific part as an understudy and are required to participate. Please do not ask to leave early.

- In order to be eligible for choreography which will be shown during the Spring Gala Concert & Summer Concert, Fourth and Fifth Year students must take a full schedule (classes & rehearsals) from September to June. Failure to uphold your commitment through the end of the season will result in your replacement in choreography.
- Pre-professional Division students who do not attend the Summer Intensive and/or do not take a full schedule will only be eligible for performance in the Summer Concert.
- After-school activities. Please try to arrange your activities so they do not conflict with your dance commitment. If there is a conflict, please discuss it as much in advance as possible and in person with the faculty. Notes need to be delivered in person. Please report to the office with your note so it can be put onto the calendar. In the event of illness, please call or email the office prior to the start of classes. Please make every effort to attend all classes and rehearsals. Make-up classes should be discussed with faculty.
- Any reference by text messaging or on the internet (i.e. Facebook, Instagram, blogging, any social media site etc.) to Pennsylvania Regional Ballet's name or initials, its artistic or administrative staff or fellow students in a derogatory manner could be cause for suspension or expulsion from the school.
- Professional videos and professional photos of performances of PRB students and/or choreography (or any version thereof) may not be posted on the internet (Facebook, Instagram, blogging, any social media site, etc.) without prior approval from the Artistic Director. If approval is given, photo credit MUST be included with the photo.
- SUMMER PROGRAMS – All current Pre-Professional Division students (Preparatory, First through Fifth Year) are required to take a minimum of Four (4) weeks in PRB's Summer Intensive, to improve upon technique and artistry and to be eligible for Nutcracker, unless otherwise recommended by the Artistic Director. **The Artistic Director will make suggestions to select Fifth Year students regarding outside summer programs. Students must get approval from the Artistic Director prior to attending an audition.**
- Fifth Year Students-Please keep all choreographers informed if you will be attending a Summer Program that begins prior to PRB's Summer Concert.
- Possession or use of substances including, but not limited to, alcohol, drugs, tobacco products, vapes, and juuls (and like devices) are grounds for dismissal.
- Any infraction of the rules may result in dismissal from class, the school, or Pre-Professional Division.

### **Rules which are applicable to all students at Pennsylvania Regional Ballet**

PRB's Artistic Directors, may dismiss any student from the school or Pre-Professional Division for breaking the rules, for being uncooperative, disruptive, destructive, or for endangering the health, safety and welfare of him/herself or others.

There have been times in the past when misinformation has been passed from parent to parent which has resulted in unnecessary confusion and problems for some students and their families. If you have a question or problem about anything regarding PRB, its classes or faculty, please direct them to the office.

### **Bullying**

PRB is committed to providing a safe, positive learning environment for its students. PRB understands that bullying creates an atmosphere of fear and intimidation, which is distracting from our mission and may lead to more serious issues or violence. Students are expected to respect each other and to ensure that the atmosphere is free from bullying.

PRB will not tolerate bullying, whether it is verbal, electronic, written or physical and regardless of whether it takes place within the studio, a theatre or in cyberspace. Anyone who witnesses or experiences any incidents of bullying by a PRB student should report it to the School Director or Executive Director immediately. All complaints of bullying will be investigated and addressed.

Any student found to have engaged in bullying will face discipline, which can take any one of the following forms: verbal counseling; a formal letter of reprimand sent to the student's parents; removal from choreography; demotion in level; or suspension or expulsion from the school.

## Arriving and Departing from PRB Studios

- Students in the Pre-Professional Division (Preparatory through Fifth Year) should try to be in the studio at least 15-30 minutes prior to the start of class. Pre-class warm-up reduces the risk of injury.
- If you are late, please ask the teacher/choreographer for permission to participate in the remainder of the class. If you are more than 10 minutes late you may be asked to observe, due to risk of injury.
- Students should be picked up in a timely fashion, within 10 minutes of the end of their last class. PRB faculty cannot be responsible for students left beyond that time.
- You can park on our side of North Enola Drive from the studio to the Lutheran Church and our parking lot.
- PRB asks all of our students to dress appropriately when arriving and departing class and during rehearsals at the theatre. Dancewear is not appropriate attire for outside the studio and students must wear street clothing or a cover up over their leotards and/or tights.

## Snow Cancellation Policy

In the event of inclement weather, please be advised that PRB classes will most likely be canceled if the East Pennsboro School District cancels its classes or has an early dismissal. Announcements for cancellations will be posted on our website & Facebook page and an email will be sent. **\*Please be sure to monitor the email address provided at the time of registration for cancellations in the event of inclement weather.**

## Policy Regarding Communications

Please note that the majority of communication between PRB's faculty & staff and the parent(s)/guardian(s) of our dancers is done via email. It is the sole responsibility of the parent(s)/guardian(s) to monitor the email provided at the time of registration for communication received from PRB. It is also the sole responsibility of the parent(s)/guardian(s) to read through all communications **fully and thoroughly** upon receipt. PRB is not responsible for any missed communication as a result of incorrect/invalid email addresses provided or unread emails that are sent.

Communications regarding tuition payments, ticket purchases, registration, and all other monetary matters can be addressed to the Executive Director, Shanna Geistwite, at [sgeistwite@prballet.org](mailto:sgeistwite@prballet.org)

Communications regarding schedules, leveling, dress codes, make up classes, etc. can be addressed to the School Director, Vicky Silva, at [vsilva@prballet.org](mailto:vsilva@prballet.org).

***By enrolling your child, you are agreeing to all above mentioned terms, rules, and policies.***